A meta-analysis of imagery rehearsal for post-trauma nightmares: effects on nightmare frequency, sleep quality, and posttraumatic stress

Casement MD, Swanson LM

Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
22819998

DOI
10.1016/j.cpr.2012.06.002

Original Paper URL

Indexing Status
Subject indexing assigned by NLM

MeSH
Cognitive Therapy /methods; Dreams /psychology; Female; Humans; Imagery (Psychotherapy) /methods; Implosive Therapy /methods; Male; Sleep Wake Disorders /therapy; Stress Disorders, Post-Traumatic /complications /therapy

AccessionNumber
12012040722

Date bibliographic record published
17/01/2013