Broad-spectrum micronutrient formulas for the treatment of psychiatric symptoms: a systematic review

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Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
23253391

DOI
10.1586/ern.12.143

Indexing Status
Subject indexing assigned by NLM

MeSH
Antipsychotic Agents /therapeutic use; Databases, Factual /statistics & numerical data; Humans; Mental Disorders /therapy; Micronutrients /therapeutic use; Minerals /therapeutic use; Vitamins /therapeutic use

AccessionNumber
12013020202

Date bibliographic record published
24/04/2013