A meta-analysis of randomized trials of telmisartan versus active controls for insulin resistance in hypertensive patients

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Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
25151319

DOI
10.1016/j.jash.2014.05.006

Indexing Status
Subject indexing assigned by NLM

MeSH
Angiotensin II Type 1 Receptor Blockers /therapeutic use; Benzimidazoles /therapeutic use; Benzoates /therapeutic use; Blood Pressure /drug effects; Humans; Hypertension /drug therapy /metabolism /physiopathology; Insulin Resistance /physiology; Randomized Controlled Trials as Topic; Treatment Outcome

AccessionNumber
12014052915

Date bibliographic record published
29/01/2015