Child and adolescent exposure to trauma: comparative effectiveness of interventions addressing trauma other than maltreatment or family violence


Record Status
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Citation

Authors' objectives
To assess the effectiveness of interventions that target traumatic stress symptoms and syndromes among children exposed to trauma other than maltreatment or family violence (Key Question 1 [KQ 1]), or children exposed to trauma other than maltreatment or family violence who already have symptoms (KQ 2); to identify subgroup characteristics that moderate the effect of an intervention on outcomes (KQ 3); and to assess harms associated with interventions (KQ 4).

Authors' conclusions
Our findings may be interpreted as a call to action. Psychotherapeutic intervention may be beneficial relative to no treatment, but far more research is required to produce definitive guidance on the comparative effectiveness of psychotherapeutic or pharmacological interventions targeting children exposed to trauma, some of whom already have symptoms.

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