Record Status

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Citation


Authors' objectives

This project aims to create a general overview of available evidence for acupuncture (Part I) and to identify those indications (from the 25 indications defined by OSR) for which efficacy is proven (Part II).

Authors' conclusions

Regarding the 25 OSR indications, the comparison of the available evidence shows that effectiveness of acupuncture has been proven for some areas (headaches and migraines, degenerative arthritis, back pain, diseases of the cervical spine, dysmenorrhoea, chronic pain). For allergic rhinitis, vomiting in pregnancy, irritable bowel syndrome and fibromyalgia one systematic review concluded, that acupuncture was ineffective. Concerning the other OSR-indications no statements on the effectiveness or ineffectiveness of acupuncture can be made.

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