Treatments for ankyloglossia and ankyloglossia with concomitant lip-tie
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Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors' objectives
We systematically reviewed the literature on surgical and nonsurgical treatments for infants and children with ankyloglossia and ankyloglossia with concomitant lip-tie.

Authors' conclusions
A small body of evidence suggests that frenotomy may be associated with improvements in breastfeeding as reported by mothers, and potentially in nipple pain, but with small short-term studies, inconsistently conducted, SOE is generally low to insufficient. Comparative studies reported improvements in some measures of speech, but assessment of outcomes was inconsistent. Few studies addressed tongue mobility and self-esteem issues. Research is lacking on nonsurgical interventions, as well as on outcomes other than breastfeeding.

Final publication URL

PubMedID
25025566

Indexing Status
Subject indexing assigned by NLM

MeSH
Child; Child, Preschool; Females; Lasers, Semiconductor /therapeutic use; Lingual Frenum /surgery; Male; Mouth Abnormalities /surgery; Tongue Diseases /surgery; Treatment Outcome

Language Published
English

Country of organisation
United States

English summary
An English language summary is available.

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AccessionNumber
32015000566
Date abstract record published
21/05/2015