Does warming up prevent injury in sport: the evidence from randomised controlled trials?
Fradkin A J, Gabbe B J, Cameron P A

Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
16679062

DOI
10.1016/j.jsams.2006.03.026

Indexing Status
Subject indexing assigned by NLM

MeSH
Athletic Injuries /prevention & control; Exercise; Humans; Muscle Contraction; Muscle Relaxation; Muscle, Skeletal /injuries; Randomized Controlled Trials as Topic

AccessionNumber
12006002546

Date bibliographic record published
06/06/2007