Selenium supplementation in the treatment of Hashimoto's thyroiditis: a systematic review and a meta-analysis

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Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
20883174

DOI
10.1089/thy.2009.0351

Indexing Status
Subject indexing assigned by NLM

MeSH
Autoantibodies /analysis; Female; Hashimoto Disease /drug therapy; Humans; Iodide Peroxidase /immunology; Randomized Controlled Trials as Topic; Selenium /therapeutic use

AccessionNumber
12010007668

Date bibliographic record published
26/01/2011