Can gestational weight gain be modified by increasing physical activity and diet counseling?
A meta-analysis of interventional trials

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Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
20668049

DOI
10.3945/ajcn.2010.29363

Indexing Status
Subject indexing assigned by NLM

MeSH
Counseling; Databases, Bibliographic; Diet; Female; Humans; MEDLINE; Meta-Analysis as Topic; Obesity /prevention & control; Patient Selection; Pregnancy; Pregnancy Complications /prevention & control; Weight Gain /physiology

AccessionNumber
12010007732

Date bibliographic record published
13/04/2011