
A systematic review of insomnia and complementary medicine

Sarris J, Byrne GJ

Record Status

This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

Sarris J, Byrne GJ. A systematic review of insomnia and complementary medicine. *Sleep Medicine Reviews* 2011; 15(2): 99-106

PubMedID

20965131

DOI

10.1016/j.smr.2010.04.001

Original Paper URL

<http://dx.doi.org/10.1016/j.smr.2010.04.001>

Indexing Status

Subject indexing assigned by NLM

MeSH

Adult; Antidepressive Agents, Second-Generation /therapeutic use; Complementary Therapies /methods /statistics & numerical data; Humans; Plant Extracts /therapeutic use; Randomized Controlled Trials as Topic; Sleep Initiation and Maintenance Disorders /epidemiology /therapy; Tryptophan /therapeutic use; Valerian

AccessionNumber

12011001929

Date bibliographic record published

13/07/2011