Comparing the Pilates method with no exercise or lumbar stabilization for pain and functionality in patients with chronic low back pain: systematic review and meta-analysis

Pereira LM, Obara K, Dias JM, Menacho MO, Guariglia DA, Schiavoni D, Pereira HM, Cardoso JR

Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
21856719

DOI
10.1177/0269215511411113

Original Paper URL
http://cre.sagepub.com/content/26/1/10.abstract

Indexing Status
Subject indexing assigned by NLM

MeSH
Databases, Bibliographic; Exercise Movement Techniques; Exercise Therapy /methods; Humans; Low Back Pain /rehabilitation; Lumbosacral Region /physiology /physiopathology; Outcome and Process Assessment (Health Care)

AccessionNumber
12012008279

Date bibliographic record published
12/04/2012