The effects of eccentric training on lower limb flexibility: a systematic review

O'Sullivan K, McAuliffe S, DeBurca N

Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
22522590

DOI
10.1136/bjsports-2011-090835

Indexing Status
Subject indexing assigned by NLM

MeSH
Athletic Injuries /prevention & control; Exercise /physiology; Humans; Lower Extremity /injuries /physiology; Muscle Stretching Exercises /methods; Randomized Controlled Trials as Topic; Range of Motion, Articular /physiology

AccessionNumber
12013011011

Date bibliographic record published
15/03/2013