Effect of short-term administration of cinnamon on blood pressure in patients with prediabetes and type 2 diabetes

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Record Status
This is a systematic review that meets the criteria for inclusion on DARE.

Bibliographic details

PubMedID
23867208

DOI
10.1016/j.nut.2013.03.007

Indexing Status
Subject indexing assigned by NLM

MeSH
Animals; Blood Glucose /metabolism; Blood Pressure /drug effects; Cinnamomum zeylanicum /chemistry; Diabetes Mellitus, Type 2 /blood /drug therapy; Disease Models, Animal; Humans; Prediabetic State /blood /drug therapy; Randomized Controlled Trials as Topic

AccessionNumber
12013042187

Date bibliographic record published
22/08/2013