Zafirlukast (Accolate) in asthma
Booth-Clibborn N, Best L, Stevens A

Record Status
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Authors' objectives
The author evaluates whether zafirlukast should be offered to patients with mild to moderate asthma, who are currently treated at Step 2 of the British Thoracic Society guidelines, ie. prescribed bronchodilators and corticosteroids.

Authors' conclusions
The authors conclude that corticosteroids are likely to remain the major treatment for mild to moderate asthma patients for the near future. There is insufficient evidence of zafirlukast's effectiveness in long-term management and for routine use as Step 2 treatment, but results of direct comparative trials with corticosteroids are awaited.

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