A multicentred randomised controlled trial of a primary-care based cognitive behavioural programme for low back pain. The Back Skills Training (BeST) trial


Record Status
This is a bibliographic record of an ongoing health technology assessment being undertaken by a member of INAHTA. Links to the published report and any other relevant documentation will be added when available.

Citation

Authors' conclusions
Study found that group-based cognitive behavioural therapy of subacute and chronic low back pain is both clinically effective and cost-effective and could be implemented within the NHS with relative ease

Project page URL
http://www.hta.ac.uk/1358

Link to NHS EED abstract
http://www.crd.york.ac.uk/crdweb/ShowRecord.asp?AccessionNumber=22010000595& UserID=0

INAHTA brief and checklist

Indexing Status
Subject indexing assigned by CRD

MeSH
Cognitive Therapy /methods; Low Back Pain /therapy; Multicenter Study; Primary Health Care; Randomized Controlled Trials as Topic; Treatment Outcome

Language Published
English

Country of organisation
England

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AccessionNumber
32005000998

Date bibliographic record published
20/08/2005
Date abstract record published
20/08/2005