The Ankle Injury Management (AIM) trial: a pragmatic, multicentre, equivalence randomised controlled trial and economic evaluation comparing close contact casting with open surgical reduction and internal fixation in the treatment of unstable ankle fractures in patients aged over 60 years


Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors' objectives
Close contact casting (CCC) may offer an alternative to open reduction and internal fixation (ORIF) surgery for unstable ankle fractures in older adults. We aimed to (1) determine if CCC for unstable ankle fractures in adults aged over 60 years resulted in equivalent clinical outcome compared with ORIF, (2) estimate cost-effectiveness to the NHS and society and (3) explore participant experiences.

Authors' conclusions
CCC provides a clinically equivalent outcome to ORIF at reduced cost to the NHS and to society at 6 months. Longer-term follow-up of trial participants is under way to address concerns over potential later complications or additional procedures and their potential to impact on ankle function. Further study of the patient factors, radiological fracture patterns and outcomes, treatment responses and prognosis would also contribute to understanding the treatment pathway.

Project page URL
http://www.nets.nihr.ac.uk/projects/hta/073761

Final publication URL
http://www.journalslibrary.nihr.ac.uk/hta/hta20750/#/abstract

Indexing Status
Subject indexing assigned by CRD

MeSH
Aged; Aged, 80 and over; Ankle Injuries; Casts, Surgical; Fracture Fixation, Internal; Fractures, Bones

Language Published
English

Country of organisation
England

English summary
An English language summary is available.

Address for correspondence
