Clinical effectiveness and cost-effectiveness of open and arthroscopic rotator cuff repair (the UK Rotator Cuff Surgery (UKUFF) randomised trial)


Record Status
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Citation

Authors' objectives
To evaluate the clinical effectiveness and cost-effectiveness of arthroscopic and open rotator cuff repair in patients aged ≥ 50 years with degenerative rotator cuff tendon tears.

Authors' conclusions
In patients aged > 50 years with a degenerative rotator cuff tear there is no difference in clinical effectiveness or cost-effectiveness between open repair and arthroscopic repair at 2 years for the primary outcome (OSS) and all other prespecified secondary outcomes. Future work should explore new methods to improve tendon healing and reduce the high rate of re-tears observed in this trial.

Project page URL
http://www.nets.nihr.ac.uk/projects/hta/054702

Final publication URL
http://www.journalslibrary.nihr.ac.uk/hta/hta19800/#/abstract

Indexing Status
Subject indexing assigned by CRD

MeSH
Arthroscopy; Rotator Cuff; Wounds and Injuries

Language Published
English

Country of organisation
England

English summary
An English language summary is available.

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AccessionNumber
32011000688

Date abstract record published