Comparative effectiveness of psychological treatments and pharmacological treatments for adults with posttraumatic stress disorder (PTSD)


Record Status
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Citation

Authors' objectives
To assess efficacy, comparative effectiveness, and harms of psychological and pharmacological treatments for adults with posttraumatic stress disorder (PTSD).

Authors' conclusions
Several psychological and pharmacological treatments have at least moderate SOE supporting their efficacy: exposure, CPT, CT, CBT-mixed therapies, EMDR, narrative exposure therapy, fluoxetine, paroxetine, sertraline, topiramate, and venlafaxine.

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Address for correspondence
Center for Outcomes and Evidence Technology Assessment Program, 540 Gaither Road, Rockville, MD 20850, USA.
Email: AHRQTAP@ahrq.hhs.gov

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