How diet challenges are magnified in vulnerable or marginalized people with diabetes and heart disease: a systematic review and qualitative meta-synthesis
Vanstone M, Giacomini M, Smith A, Brundisini F, DeJean D, Winsor S

Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors’ conclusions
Diet modification is not simply a matter of knowing what to eat and making the rational choice to change dietary practices. Rather, diet and eating practices should be considered as part of the situated lives of patients, requiring an individualized approach that is responsive to the conditions in which each patient is attempting to make a change. Common challenges include self-discipline, knowledge, coping with everyday stress, negotiating with family members, and managing the social significance of food. An individualized approach is particularly important when working with patients who have vulnerabilities.

Final publication URL

Indexing Status
Subject indexing assigned by CRD

MeSH
Heart Disease; Diet; Social Marginalization; Health Promotion; Poverty

Language Published
English

Country of organisation
Canada

Province or state
Ontario

English summary
An English language summary is available.

Address for correspondence
Evidence Development and Standards, Health Quality Ontario, 130 Bloor Street West, 10th floor, Toronto, Ontario Canada M5S 1N5 Email: EDSinfo@hqontario.ca

AccessionNumber
32014000060

Date abstract record published
13/01/2014