Frequency of testing for dyslipidemia: a systematic review and budget impact analysis

Toronto Health Economics and Technology Assessment (THETA)

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Authors’ conclusions
Our findings show that there is currently no evidence to inform the optimal frequency of lipid testing. People in Ontario at low-low, low, intermediate, and high risk are being tested once every 4.4, 1.9, 1.4, and 1.0 times per year, respectively. According to the CCS guidelines, this represents under-testing in the low and intermediate groups. Achieving the recommended rates of testing would cost approximately $52.2 million. Given the large cost of implementing such a change and the uncertainty on which CCS guidelines are based, it would be prudent to await the results of further research before making such a large investment.

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