Behandling av kronisk utmattelsessyndrom CFS/ME [Treatment of chronic fatigue syndrome CFS/ME]

Larun L, Brurberg KG, Fonhus MS, Kirkerhei I

Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors' conclusions
Cognitive behavioural therapy and graded exercise therapy is likely to be effective for people with chronic fatigue syndrome. For other treatment strategies the quality of evidence is very low or even non-existing implying that more research is needed before we can make firm conclusions about treatment effect.

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Address for correspondence
Norwegian Knowledge Centre for the Health Services, Postbox 7004 St. Olavs plass, NO-0130 Oslo, Norway, Tel: +47 23 25 50 00, Fax: +47 23 25 50 10 Email: post@kunnskapssenteret.no

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