Akupunktur einsatzgebiete, evidenzlage und gesicherte indikationen [Acupuncture - areas of application, current evidence and proven indications]

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Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors' objectives
This project aims to create a general overview of available evidence for acupuncture (Part I) and to identify those indications (from the 25 indications defined by OSR) for which efficacy is proven (Part II).

Authors' conclusions
Regarding the 25 OSR indications, the comparison of the available evidence shows that effectiveness of acupuncture has been proven for some areas (headaches and migraines, degenerative arthritis, back pain, diseases of the cervical spine, dysmenorrhea, chronic pain). For allergic rhinitis, vomiting in pregnancy, irritable bowel syndrome and fibromyalgia one systematic review concluded, that acupuncture was ineffective. Concerning the other OSR-indications no statements on the effectiveness or ineffectiveness of acupuncture can be made.

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