Search Strategy without database-specific controlled vocabulary

PICO(S)-component

derived general string for database search

Pa adults with specific learning difficulties, such as "concentration problems/challenges," "attention and memory issues," and "rapid fatigue/exhaustion (lack of motivati-

tic symptoms), anxiety disorders (generalistress reaction, posttraumatic stress disorder asthenia" OR "fatigue syndrome" (ptsd)), attention-deficit/hyperactivity disorder (adhd)/disturbance of activity and attention, fatigue syndrome and neurasthenia, addictive disorders

Ia digital applications for screening

Ib digital applications for decision support

C alternative concepts in digital support

O characteristics of the systems Derived search string links, in bold preferred link for export: (Pa AND Pb) AND (Ia AND Ib) → exactly matches the research question, but returns very few results

(Pa OR Pb) AND (Ia AND Ib) → focus on both types of systems/applications (Pa AND Pb) AND (Ia OR Ib) → focus on both learning and mental disorders simutaneously

(Pa OR Pb) AND (Ia OR Ib) → covers the range of relevant studies for the research question

Applied filters and search specifications:

Final filters for the bold search string: use an age filter for individuals over 18, combined with an option to filter out subjects over 65 by linking with the NOT operator—this excludes studies focusing on children and older adults. Additionally, exclude studies on dementia/Alzheimer's using the NOT operator, and, if available, filter for texts in English and German. In the Web of Science database, only relevant research areas should be considered.

"concentration problem*" OR "concentration difficulties" OR "concentration difficulty" OR "focus issue*" OR "inattention" OR "attention problem*" OR "memory problem*" OR "memory issue*" OR "fatigue" OR "exhaustion" OR "tiredness" OR "lack of drive" OR "lack of motivation" OR "learning problem*"

Pb adults with potentially associated mental "mental disorder*" OR "psychological disorder* OR "mental health disorders, specifically depressive dis- illness" OR "mental diseas*" OR "mental health problem* orders (depressive episode, persistent depres-OR "mental sickness" OR "depressive disorder*" OR "persis sive disorder, premenstrual dysphoric disor- tent depressive disorder*" OR "PMDD" OR "premenstrual der), bipolar and related disorders (specifier: dysphoric disorder" OR "bipolar disorder*" OR "anxiety diswith anxious distress", bipolar affective dis- order*" OR "generalized anxiety disorder" OR "trauma-relaorder, current episode manic without psycho-ted disorder*" OR "acute stress disorder*" OR "PTSD" OR "post-traumatic stress disorder*" OR "substance-related dis zed anxiety disorder), trauma- and stressor- order" OR "addiction" OR "substance use disorder" OR "at related disorders (acute stress disorder/acute tention deficit disorder" OR "ADHD" OR "ADD" OR "neur-

> ("screen*" OR "diagnos*" OR "prediagnos*" OR "pre-dia gnos*" OR "prescreen*" OR "pre-screen*" OR "phenotyp* OR "self-diagnos*" OR "self-assessment*" OR "self-assess ment*" OR "self assessment*" OR "symptom assessment*") AND ("digital*" OR "computer assist*" OR "expertsystem" OR "app" OR "apps" OR "tool" OR "tools" OR "application*" OR "mobile technolog*" OR "computer programm* OR "webbased" OR "artificial intelligence" OR "Symptomchecker*" OR "symptom checker*" OR "digital intervention*" OR "DiGA" OR "DIGA" OR "Digitale-Gesundheitsanwendung" OR "Digitale Gesundheitsanwendung*")

"decision support system*" OR "decision system*" OR expertsystem* OR "expert system*" OR "digital decision making" OR "computer assisted decision making" OR "compu ter-assisted decision making" excluded

excluded