

PSYCINFO SEARCH

mediat* OR mediation* OR "mediating effect*" OR "indirect effect*" OR "mediator effect*" OR "mechanism of change" OR "mechanism* of chang*" OR "working mechanisms" OR "working mechanism" OR "psychotherap* mechanism*" OR "therap* mechanism*" OR "process* of therap*" OR "process* of psychotherap*" OR "psychotherap* process*" OR "therap* process*" OR "process research" OR "psychotherap* research" OR "therap* research" OR "process-outcome*" OR "psychotherap* technique*" OR "therap* technique*" OR "psychotherap* relationship*" OR "therap* relationship*" OR "therap* alliance" OR "psychotherap* alliance" OR DE "Psychotherapeutic Process" OR DE "Therapeutic Processes" OR DE "Psychotherapeutic Techniques" OR DE "Therapeutic Alliance"

AND

MA "adolescent" OR "adolescent*" OR "emerging adulthood" OR "young" OR "juvenile" OR "early adulthood" OR "young adulthood" OR "young adult" OR "young adults" OR "teen*" OR "youth*" OR "yesty" OR "juvenil*" OR "young*" OR "subadult" OR "immature" OR "adolescenc*" OR "puberty" OR "pubertal" OR "puberal" OR DE "Emerging Adulthood" OR DE "Puberty" OR DE "Adolescent Development" OR DE "Adolescent Characteristics" OR DE "Adult Development"

AND

psychotherap* OR "therap*" OR counseling OR "counselling" OR "psychological treatment*" OR "psychosocial treatment" OR "psychological intervention*" OR "psychosocial intervention*" OR psychoeducation OR "group therap*" OR "family therap*" OR "general psychiatric management" OR GPM OR MA "Mind-Body Therapies" OR "supportive psychotherapy" OR DE "Psychotherapy" OR DE "Counseling" OR DE "Psychoeducation" OR DE "Psychosocial Readjustment" OR DE "Psychotherapeutic" OR DE "Group Psychotherapy" OR DE "Family Therapy" OR DE "Creative Arts Therapy" OR DE "Mind Body Therapy" OR DE "Dance Therapy" OR DE "Art Therapy" OR DE "Play Therapy" OR DE "Supportive Psychotherapy" OR "cbt" OR "cognitive therapy" OR "behavior therapies" OR "behavior therapy" OR "behavioural treatment" OR "behavioral treatment" OR "behavioral activation" OR "exposure and response prevention" OR "exposure with response prevention" OR (exposure AND "response prevention") OR REBT OR "problem solving therapy" OR "interpersonal therapy" OR "mindfulness" OR psychodynamic OR "psychodynamic therapy" OR DE psychoanalysis OR "psychoanalysis" OR "psychoanalytic" OR "mentalization based therapy" OR "mentalization based treatment" OR "MBT" OR "transference focused therapy" OR "transference focused psychotherapy" OR "metacognitive therapy" OR "metacognitive treatment" OR "Acceptance and Commitment Therapy" OR "ACT" OR "dialectical behavior therapy" OR "dialectical behaviour therapy" OR DBT OR "Schema Therapy" OR "Schema-focused Therapy" OR "Systematic Desensitization" OR "Exposure therapy" OR MA relaxation OR "relaxation" OR DE biofeedback, psychology OR ("biofeedback" AND "psychology") OR "psychology biofeedback" OR "biofeedback" OR DE hypnosis OR "hypnosis" OR "Attention bias-modification" OR DE "Cognitive Behavior Therapy" OR DE "Behavior Therapy" OR DE "Behavioral Activation System" OR DE "Exposure Therapy" OR DE "Interpersonal Psychotherapy" OR DE "Mindfulness" OR DE "Psychodynamic OR DE Psychotherapy" OR DE "Psychodynamics" OR DE "Acceptance and Commitment Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Schema Therapy" OR DE "Systematic

Desensitization Therapy" OR DE "Relaxation Therapy" OR (exposure AND "response prevention") OR DE "Cognitive Behavior Therapy" OR DE "Cognitive Behaviour Therapy" OR CBT OR "cognitive therap*" OR "behavior therap*" OR "behaviour therap*" OR "behavioural treatment" OR "behavioral activation" OR "exposure and response prevention" OR "exposure with response prevention" OR "Acceptance and Commitment Therapy" OR "ACT" OR "dialectical behavior therapy" OR "dialectical behaviour therapy" OR DBT OR "Schema-focused therapy" OR "schema therapy" OR DE "Cognitive Behavior Therapy" OR DE "Behavior Therapy" OR DE "Behavioral Activation System" OR DE "Exposure Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Schema Therapy" OR "interpersonal and social rhythm therapy" OR "IPSRT" OR DE "Interpersonal Psychotherapy" OR "cognitive training" OR "cognitive remediation" OR DE "Brain Training" OR "behavioral weight control" OR ("supportive-expressive" AND ("therapy" OR "program" OR "treatment" OR "intervention*")) OR DE „Expressive Psychotherapy“ OR DE „Supportive Psychotherapy“ OR ("insight-oriented" AND ("therapy" OR "program" OR "treatment" OR "intervention*")) OR DE „Insight Therapy“ OR "interpretive psychotherapy" OR (interpretive AND (DE psychotherapy OR ("psychotherapies" OR "psychotherapy"))) OR "General psychiatric management" OR (Systems AND (MA education OR "education" OR "training" OR "education" OR "training")) AND ("MA emotions" OR "emotions" OR "emotional") AND predictability AND (MA problem solving OR ("problem" AND "solving") OR "problem solving")) OR "Eye Movement Desensitization and Reprocessing" OR "eye movement desensitization reprocessing" OR "eye movement desensitization reprocessing" OR "emdr" OR DE "Eye Movement Desensitization Therapy" OR "Applied Behaviour Analysis" OR "Applied Behavior Analysis" OR DE "Behavior Analysis" OR "cognitive training" OR "cognitive remediation" OR "behavioural intervention" OR "cognitive behavioural therapy" OR "cognitive analytic therapy" OR "social skills training" OR "parent management training" OR "parenting intervention" OR "mindfulness" OR DE "Brain Training" OR DE "Cognitive Behavior Therapy" OR DE "Social Skills Training" OR DE "Parent Training" OR DE "mindfulness"

AND

MA "clinical trials as topic" OR "clinical trial" OR MA "randomized controlled trials as topic" OR "randomized controlled trial" OR "randomised controlled trial" OR "controlled clinical trial"[Publication Type] OR MA "controlled clinical trials as topic" OR "controlled clinical trial" OR MA "random allocation" OR "random allocation" OR "research study" OR MA "research design" OR "research design" OR "comparative study"[Publication Type] OR "comparative study" OR MA "follow-up studies" OR ("follow-up" AND "studies") OR "follow-up studies" OR "follow up study" OR DE "prospective studies" OR ("prospective" AND "study") OR "prospective study" OR DE "longitudinal studies" OR ("longitudinal" AND "study") OR "longitudinal study" OR "naturalistic study" OR DE "Clinical Trials" OR DE "Experimental Design" OR DE "Followup Studies")

PUBMED SEARCH

((mediat* OR mediation* OR "mediating effect*" OR "indirect effect*" OR "mediator effect*" OR "mechanism of change" OR ("mechanism*" AND "of chang*") OR "working mechanisms" OR "working mechanism" OR ("psychotherap*" AND "mechanism*") OR ("therap*" AND "mechanism*") OR ("process*" AND "of therap*") OR ("process*" AND "of psychotherap*") OR ("psychotherap*" AND "process*") OR ("therap*" AND "process*") OR "process research" OR ("psychotherap*" AND "research") OR ("therap*" AND "research") OR "process-outcome*" OR ("psychotherap*" AND "technique*") OR ("therap*" AND "technique*") OR ("psychotherap*" AND "relationship*") OR ("therap*" AND "relationship*") OR ("therap*" AND "alliance") OR ("psychotherap*" AND "alliance") OR "Psychotherapeutic Process"[ot] OR "Therapeutic Processes"[ot] OR "Psychotherapeutic Techniques"[ot] OR "Therapeutic Alliance"[ot])

AND

("adolescent"[mh] OR "adolescent*" OR "emerging adulthood" OR "young" OR "juvenile" OR "early adulthood" OR "young adulthood" OR "young adult" OR "young adults" OR "teen*" OR "youth*" OR "yest*" OR "juvenil*" OR "young*" OR "subadult" OR "immature" OR "adolescen*" OR "puberty" OR "pubertal" OR "puberal" OR "Emerging Adulthood"[ot] OR "Puberty"[ot] OR "Adolescent Development"[ot] OR "Adolescent Characteristics"[ot] OR "Adult Development"[ot])

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OR "Dialectical Behavior Therapy"[ot] OR "Schema Therapy"[ot] OR "Systematic Desensitization Therapy"[ot] OR "Relaxation Therapy"[ot] OR (exposure AND "response prevention") OR "Cognitive Behavior Therapy"[ot] OR "Cognitive Behaviour Therapy"[ot] OR CBT OR "cognitive therap*" OR "behavior therap*" OR "behaviour therap*" OR "behavioural treatment" OR "behavioral activation" OR "exposure and response prevention" OR "exposure with response prevention" OR "Acceptance and Commitment Therapy" OR "ACT" OR "dialectical behavior therapy" OR "dialectical behaviour therapy" OR DBT OR "Schema-focused therapy" OR "schema therapy" OR "Cognitive Behavior Therapy"[ot] OR "Behavior Therapy"[ot] OR "Behavioral Activation System"[ot] OR "Exposure Therapy"[ot] OR "Acceptance and Commitment Therapy"[ot] OR "Dialectical Behavior Therapy"[ot] OR "Schema Therapy"[ot] OR "interpersonal and social rhythm therapy" OR "IPSRT" OR "Interpersonal Psychotherapy"[ot] OR "cognitive training" OR "cognitive remediation" OR "Brain Training"[ot] OR "behavioral weight control" OR ("supportive-expressive" AND ("therapy" OR "program" OR "treatment" OR "intervention*")) OR "Expressive Psychotherapy"[ot] OR "Supportive Psychotherapy"[ot] OR ("insight-oriented" AND ("therapy" OR "program" OR "treatment" OR "intervention*")) OR "Insight Therapy"[ot] OR "interpretive psychotherapy" OR (interpretive AND (psychotherapy[ot] OR ("psychotherapies" OR "psychotherapy")))) OR "General psychiatric management" OR (Systems AND (education[mh] OR "education" OR "training" OR "education" OR "training")) AND ("emotions"[mh] OR "emotions" OR "emotional") AND predictability AND (problem solving[mh] OR ("problem" AND "solving") OR "problem solving")) OR "Eye Movement Desensitization and Reprocessing" OR "eye movement desensitization reprocessing" OR "eye movement desensitization reprocessing" OR "emdr" OR DE "Eye Movement Desensitization Therapy" OR "Applied Behaviour Analysis" OR "Applied Behavior Analysis" OR "Behavior Analysis"[ot] OR "cognitive training" OR "cognitive remediation" OR "behavioural intervention" OR "cognitive behavioural therapy" OR "cognitive analytic therapy" OR "social skills training" OR "parent management training" OR "parenting intervention" OR "mindfulness" OR "Brain Training"[ot] OR "Cognitive Behavior Therapy"[ot] OR "Social Skills Training"[ot] OR "Parent Training"[ot] OR "mindfulness"[ot]))

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