

Search strategy

Database	Search Terms / Strategy	Filters / Limits	Date of Search	Results Retrieved
PubMed (MEDLINE)	("Zinc"[MeSH Terms] OR "Zinc"[Title/Abstract] OR "zinc-based"[Title/Abstract]) AND ("candidiasis, vulvovaginal"[MeSH Terms] OR "candidiasis vulvovaginal"[Title/Abstract] OR "vulvovaginal candidiasis"[Title/Abstract] OR "recurrent vulvovaginal candidiasis"[Title/Abstract] OR "RVVC"[Title/Abstract])	None (no date/language restrictions)	20-09-2025	9
Cochrane CENTRAL	zinc AND (vulvovaginal candidiasis OR VVC OR RVVC)	None	20 -9-2025	3
Scopus (via Publish or Perish software, key words search)	zinc AND (vulvovaginal candidiasis OR VVC OR RVVC)	None	20-9-2025	18
ClinicalTrials.gov	Condition/Disease: "vulvovaginal candidiasis"; Intervention: zinc	None	20-9-2025	1
EU Clinical Trials Register	"zinc" AND "vulvovaginal candidiasis"	None	20-9-2025	0
WHO ICTRP	"zinc" AND "vulvovaginal candidiasis"	None	20-9-2025	1
Google Scholar (gray literature)	allintitle: zinc vulvovaginal candidiasis	First 200 results screened	20-9-2025	13