Cognitive-behavioral therapy for hypochondriasis/health anxiety: a meta-analysis of treatment outcome and moderators

Olatunji BO, Kauffman BY, Meltzer S, Davis ML, Smits JA, Powers MB

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Bibliographic details

PubMedID
24954212

DOI
10.1016/j.brat.2014.05.002

Indexing Status
Subject indexing assigned by NLM

MeSH
Adult; Aged; Cognitive Therapy; Depression /complications /therapy; Humans; Hypochondriasis /complications /therapy; Middle Aged; Models, Psychological; Treatment Outcome

AccessionNumber
12014040576

Date bibliographic record published
16/10/2014