Home telemonitoring or structured telephone support programmes after recent discharge in patients with heart failure: systematic review and economic evaluation

Record Status
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Citation

Authors' objectives
The aim of this review is to update earlier systematic reviews16,14 and evaluate the potential cost-effectiveness of home telemonitoring or structured telephone support strategies compared with usual care for adult patients who have been discharged from an acute care setting after a recent exacerbation of heart failure. A specific focus will be taken in assessing the need for primary research in this area.

Authors' conclusions
Despite wide variation in usual care and RM strategies, cost-effectiveness analyses suggest that TM during office hours was an optimal strategy (in most costing scenarios). However, clarity was lacking among descriptions of the components of RM packages and usual care and there was a lack of robust estimation of costs. Further research is needed in these areas.

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