An open randomised study of autoinflation in 4- to 11-year-old school children with otitis media with effusion in primary care


Record Status
This is a bibliographic record of a published health technology assessment from a member of INAHTA. No evaluation of the quality of this assessment has been made for the HTA database.

Citation

Authors' objectives
To determine the clinical effectiveness of nasal balloon autoinflation for the treatment of OME in children.

Authors' conclusions
We found the use of autoinflation in young children with OME to be feasible in primary care and effective in both clearing effusions and improving child and parent ear-related QoL and symptoms. This method has scope to be used more widely. Further research is needed for very young children, and to inform prudent use in different health settings.

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