Extracorporeal shock wave therapy in musculoskeletal disorders


Record Status
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Citation

Authors' conclusions
Extracorporeal shock waves have not proved to be useful to treat most of the musculoskeletal disorders assessed. Evidence of low quality suggests that extracorporeal shock waves might be an alternative to treat calcific tendinitis of the shoulder and recalcitrant plantar fasciitis refractory to initial medical management. There are many types and forms for shock wave administration used in the different studies. The clinical practice guidelines are heterogeneous on the use of this technology and most coverage policies surveyed do not cover its use to treat musculoskeletal disorders.

Final publication URL
www.iecs.org.ar

Indexing Status
Subject indexing assigned by CRD

MeSH
Humans; Lithotripsy; Musculoskeletal Diseases

Language Published
Spanish

Country of organisation
Argentina

English summary
An English language summary is available.

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AccessionNumber
32016001115

Date abstract record published
25/11/2016